



## The ACAN Eco-Streets project is opening up its workshops to all comers so sign up now

Website: [altonclimatenetwork.org.uk](http://altonclimatenetwork.org.uk) Email: [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com)  
Facebook: [@AltonClimate](https://www.facebook.com/AltonClimate) Twitter: [@AltonClimate](https://twitter.com/AltonClimate) Instagram: [alton.can](https://www.instagram.com/alton.can)

We are offering 3 free workshops:-

1. What does climate change mean to our community
  2. How to be an online activist
  3. Mindfully re-wilding ourselves poetry workshop
- Dates and times to be confirmed.

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### ***Eco-Streets workshops***

[Find out more about the climate crisis](#)

[A how-to guide to online activism](#)

[Mindfully re-wilding ourselves through poetry](#)

### ***How can we help our young people?***

[It's Their Future](#) Public Meeting Mon 10th Oct 7:30 - 9pm on Zoom

### ***How to reduce your energy bills***

[Energy Advice Cafe Launch](#), Wed 28th Sep 11am, 16 Market Square, GU34 1HD

### ***Upcoming events***

[Young ACAN Clothes Swap](#) Fri 23rd Sep 3:30 - 6pm The Maltings, GU34 1DT

[WorthyEarth Festival stall & speaker](#) Sat 24th Sep at Dummer, RG25 2AR

[Community Share](#) Sat 24th Sep 10am-12noon at St. Lawrence Parish Centre, GU34 2BW

[Plastic Free Alton](#) meeting 7:30pm Thu 29th Sep Ten Tun Tap, GU34 1HZ

[Herriards Eco Fair stall & speaker](#) Sat 1st Oct 10am-4pm at Herriard Green, RG25 2PD

[ALFI Harvest Feast](#) Sat 8th Oct 11 - 1pm, Methodist Church Hall, GU34 1LG

[Try Plant Based Food at Alton Library](#) Thurs 20th Oct at 11am, GU34 1HT

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## Find out more about the climate crisis

This workshop offers general information on the climate crisis, its possible effects and what we can do about it on a community level.

What does "global warming" mean for us? What is "too much CO2"? What can we as individuals and communities do to have a positive impact?

We will examine some of the main "talking points" of the climate crisis and provide some information on how exactly these topics relate to our lives.

We will also talk about the most effective actions we can take and discuss ways individual action could turn into communal action.

Duration: approximately 2h

email us on [ecostreetsalton@gmail.com](mailto:ecostreetsalton@gmail.com) to find out more

Date and time to be confirmed



**ACAN**

# THE CLIMATE IS CHANGING!

BUT WHAT DOES THAT MEAN FOR ME?

 September 2022  
FREE WORKSHOP

[ecostreetsalton@gmail.com](mailto:ecostreetsalton@gmail.com)

All are welcome!

The poster features a green and gold color scheme. At the top left is the ACAN logo, which consists of a globe with the letters 'ACAN' in a colorful, stylized font. Below the logo is the main title 'THE CLIMATE IS CHANGING!' in large, bold, black capital letters. Underneath the title is the subtitle 'BUT WHAT DOES THAT MEAN FOR ME?' in a smaller, black font. To the right of the text is a circular image showing a pair of hands holding a small globe of the Earth, with green leaves visible in the background. Below the subtitle is a yellow rounded rectangle containing a calendar icon and the text 'September 2022 FREE WORKSHOP'. At the bottom left is the email address 'ecostreetsalton@gmail.com'. At the bottom right is another yellow rounded rectangle with the text 'All are welcome!'. In the top right corner of the poster, there is a decorative pattern of small white dots arranged in a grid.

## A how-to guide to online activism!

Where do I find reputable petitions on topics that concern me? How to tell an effective petition from a not-so effective one. Anonymous participation - make your opinion count without exposing yourself. Easy ways to interact with the government. Digital citizenship.

This workshop aims to give a quick and easy introduction to campaigning for change on a local, national and global level. Participants will walk away with hands-on knowledge on how to make their voices count in the often overwhelming 'jungle' of online-activism.

Duration: approximately 1h This workshop can be offered via Zoom if preferred.

email us on [ecostreetsalton@gmail.com](mailto:ecostreetsalton@gmail.com) to find out more

Date and time to be confirmed

**LEARN HOW TO  
BE AN ONLINE ACTIVIST  
FOR CHANGE**

**FREE ONLINE WORKSHOP**

**ACT NOW!**

**SIGN UP NOW**

**RESIST TOGETHER**

**90 MINUTE WORKSHOP**

**ECO STREETS**  
COMMUNITY - POSITIVITY - CHANGE

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**Poetry Workshop: Mindfully re-wilding ourselves:**

Expand your mind. Explore your creativity. Express yourself.

We will head out into nature. As we walk, I will talk about the ecosystem we are visiting. Then I will take the group through some guided contemplation and present an easy to follow outline to get everyone writing poetry based on their sensory and emotional experiences.

Group size limited to 8 people to ensure a personal and intimate setting. Under 18's welcome if accompanied by an adult

email us on [ecostreetsalton@gmail.com](mailto:ecostreetsalton@gmail.com) to find out more

Duration: approximately 1.5h | No prior experience in writing poetry required!

Date and time to be confirmed.

MINDFULLY  
RE-WILDING  
OURSELVES

POETRY  
WORKSHOP

With **Scott Gudrich** **REGISTER NOW**

ecostreetsalton@gmail.com

# **It's *Their* Future**

**Monday 10<sup>th</sup> October 7.30 – 9.00 pm Public online meeting**

**Please email [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com) for the link**

Our survey of local children and young people, revealed widespread anxiety and fear about the climate crisis, and a view that they are being failed by adults.

At the meeting on 10 October, we will present the survey findings, information from our Eco-Streets project and hear from Young ACAN Ambassadors Lillie Ewins and Isobel Goldie. We will then break into groups to discuss how we can work together to:

- 1. Create more opportunities for children and young people to talk about the climate crisis**
- 2. Offer support to those who are suffering from climate anxiety**
- 3. Offer young people more opportunities to take action, including involvement with nature**
- 4. Scale up action by the local community and government so that young people no longer feel they are being failed by adults**

**Do join us to find ways to help our youngsters. email [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com) for the link.**

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# It's **THEIR** **future!**



grief  
Motivated  
annoyed  
guilty  
**betrayed**  
exasperated  
sad  
**Worried**  
**disappointed**

*Word cloud from 335 responses*

Young ACAN's pioneering survey amongst local school children and young people has revealed widespread anxiety and fear about the Climate Emergency.

**Please join this important meeting to share ideas  
on how we can help.**

## **Monday 10<sup>th</sup> October 7.30 – 9.00 pm**

Email [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com) for the Zoom link

The event will be kicked off by Fiona Witcomb who carried out the survey, and Young ACAN ambassadors Lillie Ewins and Isobel Goldie.

We will also hear from Scott Gudrich about the results of his equally-innovative *Eco-Streets* house-to-house survey in the Whitedown area of Alton.

[www.altonclimatenetwork.org.uk](http://www.altonclimatenetwork.org.uk)

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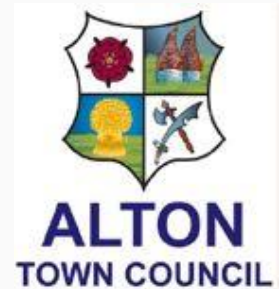
It was felt a public launch would be inappropriate while the nation was in mourning so the launch has been postponed to

**Wed 28th Sep at 11am at 16 Market Square, GU34 1HD**

However we were delighted to open on 14th Sep and have welcomed a steady flow of people wanting to know how to reduce their energy bills.

**Do come along to talk to our volunteers on:**

- Mondays - 10am to 12noon**
- Tuesdays - 6:30pm to 7:30pm**
- Wednesdays - 12:30 - 2pm**
- Fridays - 10:00 - 12noon**
- Saturdays - 10:30 - 12noon**



# YOU ARE INVITED TO ALTON ENERGY ADVICE CAFE

**A WARM WELCOME (AND FREE CAKE) AWAIT YOU.**





## Young ACAN

**Back on the Rack**  
**Fri 23rd Sep from 3:30pm to 6pm.**

You can drop off your good quality, pre-loved clothes at The Maltings, prior to the event, and turn up on Friday ready to swap 'til you drop.

**BACK ON THE RACK 2!**  
SWAP 'TIL YOU DROP THRIFT SHOP  
**ALTON MALTINGS**  
GV34 1DT FRIDAY  
23<sup>RD</sup> SEPT 2022 \* \* \*  
3:30 PM → 6 PM \* \* \*

**Swap your preloved clothes**

Upcycling  
Climate Cafe  
Donations welcome

**SUGGESTED FOR THOSE AGED 07-20**



## ***Stall and speaker at Worthy Earth Festival***

If you haven't heard of them before Worthy Earth is a collection of Regenerative, No-Dig Market Gardens in Hampshire and Oxfordshire. They are staging a weekend festival on their farm in Dummer and ACAN will be taking our stall and giving a talk on "One Planet Living" on

***Fri & Sat 23rd & 24th September. Dummer Down Farm, Dummer, RG25 2AR***

We have been offered up to 5 discounted price tickets (£44) so if anyone would like to come along, and perhaps commit to an hour or two on the stall while there, do get in touch [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com)



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### **Alton Community Share**

#### **Next session Sat 24th Sep**

Reduce waste & save money at this free library  
of jigsaws, games, toys and activities  
On the 2nd & 4th Saturday of the month  
at St Lawrence's Parish Centre  
10am to 12 noon



## Plastic Free Alton

Need help working with local businesses with the aim of getting Alton declared a Plastic Free Town.

If you are interested in finding out more and especially if you have some free time to offer do come along to their meeting next week at:



**7:30pm at the Ten Tun Tap, Market Square, GU34 1HZ**  
Email [plasticfreealton@gmail.com](mailto:plasticfreealton@gmail.com) or just turn up.

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## Herriard's Eco Fair

**Sat 1st Oct 10am -4pm**  
**Herriard Green Pavilion, RG25 2PD**  
**Free Admission**

- Talks on Sustainable Living, Energy & Wildlife
- Local Eco groups
- Artisan stalls
- Children's tent
- Fill Up
- Waste prevention
- Energy efficiency
- EV and more...



ACAN will have a stall and speaker on "One Planet Living"  
It should be a lovely day so do come along and join the fun.





# HARVEST FEAST

**Saturday 8th October 10.30 - 1.30**

**Alton Methodist Church Hall**



*Coffee and cakes from 10:30 am  
and home-made vegetable soups from 12 noon.*

**Enjoy delicious home-made local food,  
garden tips and chat.**

To find out more about ALFI visit our website

[www.AltonLocalFood.org.uk](http://www.AltonLocalFood.org.uk)

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## Alton Climate Action Network (ACAN)



Hampshire  
Libraries



### **An introduction to plant-based foods.**

Come and try cheap, nutritious, plant-based foods for all the family. You will be amazed how good they taste.

**Samples will be labelled with any possible allergens.**

**Alton Library**

**Thursday 20th October, 11am – 12pm**

For more information, please speak to a Library Team Member.

[www.hants.gov.uk/library](http://www.hants.gov.uk/library)   

 Hampshire  
County Council

[www.hants.gov.uk](http://www.hants.gov.uk)

## Call to Action

Here in ACAN we have a [range of groups](#) already set up and many more ideas of things we would like to do if we had more volunteers, and you may have ideas of your own you would like to pursue.

It doesn't matter how much or how little time you can spare we have volunteering opportunities to suit.

To get involved do fill in our [volunteers form](#)

Or just email [altonclimatenetwork@gmail.com](mailto:altonclimatenetwork@gmail.com) and let us know what you would like to do.

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As ACAN has grown so have our costs.

Most grants do not cover running costs, such as insurance, zoom subscription, examination of accounts.

If you can help with one off or regular donations please use the button below for our CAF donate page.

Many thanks.

[Donate to ACAN](#)