



By changing the way we shop for clothes we can save money and really help the planet. The clothing industry is responsible for 8-10% of the world's emissions and is second only to the farming industry in its use of water and pollution of waterways.

Website: altonclimatenetwork.org.uk Email: altonclimatenetwork@gmail.com
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How to dress better and feel good about fashion

In our consumer society we are constantly bombarded with advertisements to buy the next trendy item. We accumulate crazy amounts of clothes, but it doesn't make us any happier. In fact, more stuff just adds to our stress levels. Not only are **we** suffering from "too much stuff syndrome" **so is the planet.**

The greenhouse gas emissions, the water used in growing cotton, dying and rinsing fabrics and the poor working conditions in garment factories should all be in our thoughts whenever we go shopping for new clothes. To find out more about the damage the clothing industry is doing to our planet take a look at the following video: [The clothes we wear](#)

Thankfully there are alternatives, some more obvious than others - see: [I broke up with fast fashion](#)

Young ACAN have adopted a tried and tested approach with their Back on the Rack clothes swaps. The next being on Friday 24th November at The Alton Maltings. It will have a festive theme and there will be an upcycling table to encourage people to rethink their clothes rather than throw them away.

Another idea gaining traction is that of Clothes Lending Libraries, particularly good for families with growing children, or, at the other end of the scale, those businesses that cater for high end designer label *threads* as well.

If you are interested in finding out more about upcycling take a look at: [Stitch it don't ditch it](#)
Or maybe hold an "Upcycling party".

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[Eco Cafe and Eco Chats](#)

[A Fruit Tree in Every Garden](#)

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Dates for your diary

[Tomorrow film screening](#) Wed 1st Nov, 7:30pm Haslemere Hall, GU27 2AS

[Litter Pick](#) Thu 2nd Nov 10am Ravens Square, GU34 2LL

[Alresford Eco Fair](#) Sat 4th Nov 10am-3pm John Pearson Hall at St John's Church SO24 9AG

[Warm & Welcome](#) Tue 7th Nov 9:30am-12:30pm Alton Library, GU34 1HT

[Eco-Chat Cuppa for the Climate](#) Thu 9th Nov 4-5pm, Eco Cafe, 16 Market Square, GU34 1HD
[Chat about Heat Pumps](#) Sat 11th Nov 10am-12noon, Eco Cafe, 16 Market Square, GU34 1HD
[Alton Community Share](#) Sat 11th Nov 10am-12noon, St Lawrence Parish Centre GU34 2BW
[Chat - emailing people in power](#) Thu 16th Nov 3:45-5pm, Eco Cafe, 16 Market Square, GU34 1HD
[Chat - Solar & Batteries](#) Sat 18th Nov 10am-12noon, Eco Cafe, 16 Market Square, GU34 1HD
[Chat - Community Energy](#) Thu 23rd Nov 3:45-5pm, Eco Cafe, 16 Market Square, GU34 1HD
[Back on the Rack Clothes Swap](#) Fri 24th Nov 3:30-6pm Alton Maltings, GU34 1DT
[Alton Vegan Market](#) Sat 25th Nov 10am-3pm Alton High Street
[Amphibians & Reptiles Talk](#) Mon 27th Nov 7:30pm Alton Community Centre GU34 1HN
[Alton Repair Cafe](#) Sat 9th Dec 10:30-12:30 Alton Community Centre, GU34 1HN

HESTA Home Energy Support Team Alton

Thinking about improving the energy efficiency of your home, but not sure where to start? Saving energy means saving money, having a more comfortable home and reducing your carbon impact.

Energy Alton is launching a new project to make it easier for residents to get advice on what they can do and to then actually get it done. **HESTA** is funded by East Hampshire District Council and Alton Town Council. All the advice and support provided by Energy Alton is free of charge and there is no selling involved.

Energy Alton volunteers have provided over 500 free energy surveys over the last 10 years. They have found that one of the biggest challenges for residents wanting to have energy saving measures installed is finding someone to actually do it.

HESTA includes a list of several local handypeople who can install loft insulation, secondary glazing, draught proofing and other measures. HESTA also provides grants of up to £100 towards the cost, for properties in council tax bands A, B, C or D.

Volunteer Green Home Champions are also available to talk to for advice. These are local people who have already had energy saving measures installed, who are happy to share their experience so you can find out the benefits, challenges and lessons learned from someone who has already started making their home more sustainable.

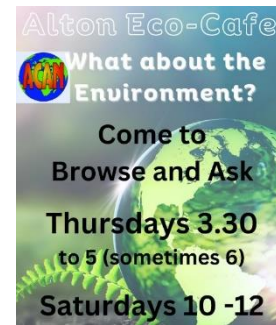
Find out more at <https://energyalton.org.uk/energy-advice/home-energy-support-team-alton-hesta/> or call Energy Alton on 07811 462 659.



Eco-Cafe and Eco-Chats

Come and have a browse! We have displays about ACAN's groups and various environmental issues.
Sometimes we have an "Eco-chat" on a topic led by an appropriate expert or enthusiast.
Kids welcome with a grown up - we have activities to keep them occupied.

Phinna is in the Eco-Cafe every **Thu 3.30 - 5 & Sat 10-12.**



The Fruit Tree in Every Garden Project is back

In partnership with PeCAN we can once again offer fruit trees at reduced rates and hedging whips free.

PeCAN have arranged 2 rounds of orders and collection dates and Alton is included in the 2nd round. If you want to get going earlier you may be able to place an order in the first round but would then have to pick up your tree(s) from Petersfield.

Either way we expect high demand so go on to the website and register your interest now to avoid disappointment.

<https://petersfieldcan.org/projects/a-fruit-tree-in-every-garden>

Wey Valley Radio

Listen out for ACAN talking about their work, issues, activities on Des Shepherd's show on Monday mornings after 10 am.



Dates for your diary



Tomorrow

Transition Haslemere & Haslemere Hall are jointly hosting a screening of this amazing film at:

Haslemere Hall Wed 1st Nov at 7:30pm

If you haven't seen this already do try to make it.

To book tickets go to www.haslemerehall.co.uk/cinema/tomorrow

ACAN's Monthly Litter Pick

The next pick will be on Thu 2nd Nov - 10am - 12 noon

Meet in Raven Square, GU34 2LL

Thanks to those who joined in the town litter pick in October. You may have seen some of us on the front page of the Herald!

Please email if you can make it to give us an idea of numbers plasticacan@gmail.com



Alresford Eco Fair

Sat 4th Nov 10am-3pm John Pearson Hall
at St John's Church SO24 9AG

Entry is free, so go along to find out how you can Save Money, Save Energy, and Save the Planet!

Alton Library Warm & Welcome Event

ACAN groups will be well represented at this event by Alton Community Cupboard, Community Share and Repair Cafe on:

Tue 7th Nov 9:30 - 12:30

Do come along to help us promote sustainable ways to address the cost of living crisis here in Alton.



Alton Library

Warm and Welcome Event

Cuppa for the Climate Every 2nd Thursday.

Join us on **Thu, Nov 9th 4-5pm** at the Eco Café (Market Square, GU34 1HD)

You can be sure of a friendly welcome.

🌍 We look forward to seeing you!



Alton Community Share

Next session Sat 11th November

Reduce waste & save money at this free library of jigsaws, games, toys and activities.

2nd & 4th Saturday of the month at St Lawrence's Parish Centre
10am to 12 noon

Eco Chat about Domestic Air Source Heat Pumps

The Government has recently increased the boiler upgrade grant from £5,000 to £7,500 so now is the time to consider this way to substantially reduce your carbon footprint and get off fossil fuels.

Drop in to chat with an expert volunteer from Energy Alton about installing a domestic air source heat pump.

The Eco-Cafe, 16 Market Square GU34 1HD
Sat 11th Nov at 10am - 12noon



Eco Chat about Emailing People in Power

Ever wondered who is responsible for what and how to contact them?

Come along to find out how to get your message to the right person.

The Eco-Cafe, 16 Market Square GU34 1HD
Thu 16th Nov at 3.45-5 pm

Eco Chat about Solar Panels and Batteries

Drop in to chat with an expert volunteer from Energy Alton about installing solar panels and batteries in your home.

The Eco-Cafe, 16 Market Square GU34 1HD
Sat 18th Nov at 10am - 12noon

Eco Chat about Community Energy

Drop in to chat with an expert volunteer from Energy Alton about community energy.

The Eco-Cafe, 16 Market Square GU34 1HD
Thu 23rd Nov at 3:45-5pm

BACK ON THE RACK 4

FESTIVE CLOTHES SWAP!
ALTON MALTINGS GU34 1DT

FRIDAY 24TH
NOVEMBER
3.30 PM - 6.00 PM



Swap your pre-loved festive & winter clothes
Christmas Jumper Swap
Upcycling Zone & Cafe



Clothes Drop Off Points at Alton Maltings
from 20th November and many local schools

Suggested age range 4 -18 years

www.ethicalveganevents.com

alton
vegan market

come and visit us on
saturday 27 may
saturday 25 november

10.00 - 15.00
high street



Alton Vegan Market

ACAN is setting up a new campaign to spread the word about the benefits of a more plant-based diet to:

- improve our own health
- dramatically reduce our greenhouse gas emissions
- free up farmland for restoring nature and increasing biodiversity

Come along to our stall at the Vegan Market to find out more.

An ACAN public meeting



Helping Amphibians and Reptiles in our Gardens

- a talk by
JAMIE NEAVES

Jamie is a local reptile surveyor, who has worked as a herpetologist and in several conservation roles, including for Natural England.



ALL WELCOME – share your own experiences

**MONDAY 27th NOVEMBER,
7.30 – 9.00 pm**

**ALTON COMMUNITY CENTRE,
Amery Street, GU34 1HN**

Next Session Sat 9th December

Bring your items for repair along to Alton Community Centre from 10:30am to 12:30pm on:

9th December

The repair team will be at your service to assist and advise you on repairs to small household items.



As ACAN has grown so have our costs.

Most grants do not cover running costs, such as insurance, zoom subscription, examination of accounts.
If you can help with one off or regular donations please use the button below for our CAF donate page.
Many thanks.

[Donate to ACAN](#)

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