



Useful Information for Bicycle Riders in Alton

Local Cycle Repair Services

Alton unfortunately no longer has a cycle shop but there are a number of local repairers.

- **Alresford Mobile Cycle Repairs:** covers Alresford & surrounding villages. Tel 07813 211451/01962 738534
- **Cyclesphere:** 2 High Street, Bordon GU35 0AY. Services and repairs to any bike including electric. Phone first for an appointment. Tel 01420 470331
- **E-bike shop:** 4 Dogflud Way, Farnham GU9 7SS. Sells electric bikes, by appointment. Taking video calls only during lockdown. Will only repair and service their own bikes. Tel 01252 279279
- **Hartleys Cycles:** Kent is based at Selborne but cannot allow customers to his workshop during lockdown. He can collect and repair/service bikes within the local area, but not electric bikes. Tel 07710 513892.
- **Hilary Hill Repairs:** Wentworth Gardens, Alton. Hilary is happy to advise on, or repair & tune up your bike. Charges: £25 for 1st hour plus parts, then £10 for each further hour. Hilary taught Bicycle Maintenance for many years and can also show you how to do it yourself. May be able to fix electric motor problems. Email: hilaryhillrepairs@gmail.com
- **Owens Cycles:** Stoner Hill, Steep, Petersfield GU32 1AG. Offers a bike repair service, including electric bikes. Also a £10 collection & delivery service to Alton. (sponsor of Alton Cycling Club and giving 10% discount to Alton Cycling Club members). Tel 01730 260446
- **Precision Cycles:** based at 4 Clover Field, Lychpit, Basingstoke. RG24 8SR. Happy to do repairs at his workshop and will collect from up to 15 miles for servicing. Can service Bosch or Shimano motors on electric bikes. Tel 07848 156520

Alton's Cycling Clubs

Alton is fortunate to have five distinct cycling clubs, between them offering a range of rides to suit most cyclists.



Alton Cycling Club is affiliated to British Cycling and Cycling Time Trials and is the club to join for all competitive cyclists, currently with around 100 members. Our club offers regular adult rides, training and events for all ages from 16-year-old upwards. There are three differently-paced rides every Sunday morning, now riding in groups of six because of Covid restrictions.

The club is active in time-trial competition, hosting a 10 mile League Championship, several Open Events and a Hill Climb Championship. There are also social activities such as an annual club dinner, monthly club nights, a summer barbecue and an annual curry and quiz night.

Alton Cycling Club is sponsored by Owens Cycles, Hi-Tech Heating, fff Brewery, ClearSignal and Everyone Active.

Alton Cycling Club welcomes new members who are interested in group riding, racing and getting to know other cyclists.

To get in touch, please fill out the form on the website <http://www.altoncyclingclub.org/page10.htm> or send an email to altoncyclingclub@gmail.com.



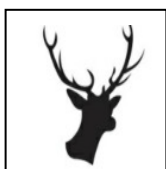
Cycling UK is a national organisation whose aim is for people of all ages, backgrounds and abilities to be able to cycle safely, easily and enjoyably. Previously known as the Cyclists' Touring Club, over the years they have helped change the law, improved conditions for cycling and inspired and supported people to cycle, understanding the potential of cycling to make life better for people. There is a very active group in Alton who arrange bike rides throughout the year. Our focus is on non-competitive cycling and we always welcome new members. The Alton group cycles about thirty miles twice a week and all rides include a refreshment stop. Since Covid restrictions we ride out in groups of up to six, and you're welcome to turn up and join a small group at the meet. On the third Friday of each month we have an easy-paced ride of about 15 miles including a coffee stop, and these tie in with the Hearty Riders who organise a very similar ride on all the other Fridays. The ride destinations are advertised on our website <https://www.cyclinguknorthhampshire.org.uk/>. We're also on Facebook at <https://www.facebook.com/Cycling-UK-Alton-541624279198619/>. Contact Janice for more information on 01420 80783 or email danjanmontgomerie@gmail.com.



Hearty Riders was started about five years ago by Alton & Basingstoke Cardiac Rehab as part of their "stay well" programme. We invite anyone who wishes to stay fit to join us on Friday mornings at 10am outside Cardiac Rehab behind the Sports Centre. We cycle from 12 - 20 miles at a casual pace, stopping at a coffee shop somewhere *en route*. On the third Friday of the month we join together with Cycling UK for their monthly ride which means that some of this group now join the Hearty Riders rides. There is no membership involved and you don't have to be an attendee at Cardiac Rehab in order to come on the rides. E-bikes are welcome. Anyone interested in joining us on Friday mornings for a leisurely ride around the wonderful Hampshire countryside should contact janetpagehaynes@msn.com.



Alton U3a Social Cycling Group was formed 3 years ago to encourage retired and semi-retired people living in the Alton area to get back onto two wheels and enjoy riding through the local highways and byways at a relatively gentle, leisurely pace. A typical Tuesday morning ride will cover about 15 miles, with a stop for coffee, and cakes at the halfway point. Nobody gets left behind, and you don't need the full lycra kit to join one of these rides – just a serviceable bicycle and a safety helmet. Membership of Alton U3a is open to anybody who is retired or semi-retired and living in the Alton area. For a modest sum, a year's membership will provide access to a wide range of activities. The monthly social cycling group outings form part of this offering. For further details please visit the website www.u3asites.org.uk/alton or contact Alton Community Centre.



The White Hart Vuelas are an informal group of cyclists based at The White Hart pub in Holybourne. We are mainly a road cycling group that meets on Friday evenings and Sunday mornings and whenever else anyone suggests on a very active Whatsapp group. There are no rules or formal membership though there are currently 65 people in the Whatsapp chat. Everyone is welcome! Anyone who is interested in joining should turn up at the pub, at either 6pm on a Friday or 9am on a Sunday when there are likely to be some WHVs around.